

# El Dorado Senior Center



## December

### FREE Dances

Every Monday 12pm-2pm  
Every Wednesday 12:30pm-2:30pm

### Special Winter Dance

December 16  
12:30-2:30pm  
Light snacks provided

### Bingo

December 1 from 12:15pm  
NO Bingo on Dec. 15

### Quilting Club

Every Wednesday  
9:30-12:30pm

### AARP Driving Class



1-5pm

Please Call (562)570-3227 to sign-up

**NO Card Making With Susan  
This Month**

### HSA Senior Lunch Program

Lunches are served  
Monday-Friday at 11:30am.  
Please stop by or call  
(562) 429-4283  
Lunches must be ordered 24 hours in  
advance before the day the lunch is needed.

Mon	Tue	Wed	Thu	Fri
	1 Senior Fitness (\$3) 10am-11am Book Club 1pm-2:30pm	2 Ballroom Dancing (\$4) 10:30am-11:30am Zumba Gold Toning \$3	3 Senior Fitness (\$3) 10am-11am Contract Bridge 12pm-3pm Line Dancing 1-2pm	4 Longevity Stick Class 9am-10am Zumba Gold (\$3) 8:45am-9:45am
	7 Longevity Stick Class 9am-10am Contract Bridge 12pm-3pm	8 Senior Fitness (\$3) 10am-11am Book Club 1pm-2:30pm	9 Ballroom Dancing (\$4) 10:30am-11:30am Zumba Gold Toning \$3	10 Senior Fitness (\$3) 10am-11am Contract Bridge 12pm-3pm Line Dancing 1-2pm
14 Longevity Stick Class 9am-10am Contract Bridge 12pm-3pm	15 Senior Fitness (\$3) 10am-11am Card Games 11am-3pm	16 Ballroom Dancing (\$4) 10:30am-11:30am Zumba Gold Toning \$3	17 Senior Fitness (\$3) 10am-11am Contract Bridge 12pm-3pm Line Dancing 1-2pm	18 Longevity Stick Class 9am-10am Zumba Gold (\$3) 8:45am-9:45am
21 Longevity Stick Class 9am-10am Contract Bridge 12pm-3pm	22 Senior Fitness (\$3) 10am-11am Card Games 11am-3pm	23 Ballroom Dancing (\$4) 10:30am-11:30am Zumba Gold Toning \$3	24 Senior Fitness (\$3) 10am-11am Contract Bridge 12pm-3pm Line Dancing 1-2pm	25 FACILITY CLOSED
28 Longevity Stick Class 9am-10am Contract Bridge 12pm-3pm	29 Senior Fitness (\$3) 10am-11am Card Games 11am-3pm	30 Ballroom Dancing (\$4) 10:30am-11:30am Zumba Gold Toning \$3	31 Senior Fitness (\$3) 10am-11am Contract Bridge 12pm-3pm Line Dancing 1-2pm	

2800 Studebaker Rd. Long Beach, CA 90815 (562)570-3227